

Under the High Patronage of His Excellency  
The President of the Lebanese Republic  
**General Michel AOUN**



**22<sup>nd</sup>**

## INTERNATIONAL ANNUAL CONGRESS OF THE LEBANESE SOCIETY OF OBSTETRICS AND GYNECOLOGY (LSOG)

IN COLLABORATION WITH



Le Collège National des Gynécologues  
et Obstétriciens Français



Federation of Arab Gynecology  
Obstetrics Societies

**8-9-10 NOVEMBER, 2018**  
**HABTOOR HOTEL, BEIRUT - LEBANON**

**CME  
CREDITS**



[www.lsog2018.com](http://www.lsog2018.com)

Download LSOG Application on:



## Welcome Letter



It gives me a great pleasure on the behalf of the Lebanese Society of Obstetrics and Gynecology (LSOG), to welcome you to the 22<sup>nd</sup> Annual Meeting of the society that will be held at Habtoor Hotel, Beirut, November 8 - 10, 2018.

You may recall the great success, which we all enjoyed, in last year annual meeting. We are determined that this year's meeting will be as successful if not more. The scientific program is outstanding and extremely rich, it will cover all the subspecialties including maternal health, fetal health, minimal invasive surgery, oncology, reproductive endocrinology and infertility, and urogynecology.

This year, we are extremely grateful and honored to have among us the world's top speakers and leaders in our field. Bringing together all the authorities in the fields of Obstetrics and Gynecology is an achievement by itself. They will deliver their state-of-the-art presentations in plenary sessions, debates, seminars, and workshops; making sure to satisfy your scientific and educational interests.

With its international standards, the LSOG Annual Meeting has become the most important and successful obstetrics and gynecology meeting in the region. It is the must-attend Ob-Gyn educational event of the year. I, therefore, invite you to be part of this cutting-edge conference, and to take the opportunity to interact and network with colleagues and friends.

Looking forward to meeting you all.

**Antoine Abu Musa MD, PhD**

President, LSOG

# Board and Committees

## President of the Congress

Antoine Abu Musa MD, PHD

## Executive Board

Antoine Abu Musa MD, PHD - President

Saadeddine Itani MD - President Elect

Ramzi Finan MD - Treasurer

Abdel Nasser Abou Khalil MD, PHD - General Secretary

David Atallah MD - Board member

Jihad Farhat MD - Board member

Fadi Mirza MD, FACOG - Board member

Rana Skaf Sfeir MD, FACOG - Board member

George Wehbe MD - Board member

## Coordinator of the Congress

Saadeddine Itani MD

## Chair of the Organizing Committee

Saadeddine Itani

## Members of the Organizing Committee

Reem Abdalla

Aline Abi Sleiman

Imad Abou Jaoude

Abdel Nasser Abou Khalil

Walid Abou Rjeily

Elie Attieh

Hicham Dallaa

Ramzi Finan

Walid Ghotmeh

Jihad El Hassan

Pascal Jarjoura

Jawdat Kassir

Nadine Kassis

Mustafa Khalifeh

Salah Malas

Rida Masri

Ziad Massaad

Bassem Skaf

Ahmad Sraj

## Chair of the Scientific Committee

Fadi Mirza

## Members of the Scientific Committee

Abdallah Adra

David Atallah

Paul Barakat

Mustapha Chaaban

Rabih Chahine

Faysal El Kak

Jihad Farhat

Stephanie Fellas

Lara Haidar

Antoine Hannoun

Joseph Nassif

Karim Nawfal

Camille Osseiran

Mohammad Ramadan

Muhieddine Seoud

Rana Skaf

Georges Wehbe

Tony Zreik

## Speakers



### **Antoine Abu-Musa**

Professor & Head of the Division of Reproductive Endocrinology & Infertility  
American University of Beirut (AUB)  
President of the Lebanese Society of Obstetrics and Gynecology (LSOG)  
Beirut, Lebanon



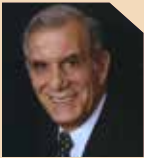
### **Ernesto Bosch Aparicio**

Consultant in Reproductive Endocrinology and Infertility  
Medical Director, IVI Valencia  
Valencia, Spain



### **Diogo Ayres De Campos**

Maternal Fetal Medicine  
Labour Ward Lead at the Sta. Maria Hospital  
Associate Professor of Obstetrics and Gynecology, University of Lisbon  
Secretary-General of the European Association of Perinatal Medicine  
Lisbon, Portugal



### **Richard Berkowitz**

Maternal Fetal Medicine  
Professor of Obstetrics and Gynecology, Columbia University  
Recipient of the King Faisal International Prize for Medicine  
New York, New York, USA



### **Sean Blackwell**

Professor and Chair  
Department of Obstetrics, Gynecology, and Reproductive Sciences  
McGovern Medical School-UTHealth  
Houston, Texas



### **Mary D' Alton**

Maternal Fetal Medicine  
Professor and Chairperson  
Department of Obstetrics and Gynecology, Columbia University  
New York, New York, USA



**Michael Fakih**

Consultant in Reproductive Endocrinology and Infertility  
Chairman and Medical Director, Fakih IVF  
Dubai, United Arab Emirates



**Hani Fawzi**

Consultant Obstetrician and Gynaecologist  
Lead of gynaecological oncological services  
South Tyneside NHS Foundation Trust  
Vice President for Global Health  
Royal College of Obstetricians and Gynecologists (RCOG)  
London, United Kingdom



**Abdalla Fayyad**

Consultant in Gynaecology and Urogynaecology  
Luton and Dunstable Hospital  
London, United Kingdom



**Xavier Fritel**

Membre CNGOF  
Professeur en Médecine  
Faculté de Médecine et Pharmacie  
Université de Poitiers  
France



**Boris Gabriel**

Urogynecology, Gynecologic Oncology, Advanced Laparoscopy,  
Endometriosis Surgery  
Professor and Head of Department, Saint Josefs Hospital Wiesbaden  
University of Mainz  
Wiesbaden, Germany

## Speakers



### **Bernard Hédon**

Président sortant CNGOF

Professeur en Obstétrique et Gynécologie

Service de Gynécologie-Obstétrique, Hôpital Arnaud de Villeneuve  
Montpellier, France



### **Warner Huh**

Gynecologic Oncology

Professor and Director of the Division, University of Alabama

President of the Society of Gynecologic Oncology (SGO)

Birmingham, Alabama, USA



### **Karl Jallad**

Assistant Professor of Gynecology and Urogynecology

Lebanese American University (LAU)

Beirut, Lebanon



### **Lesley Regan**

Professor and Head of Department of Obstetrics and Gynaecology

Imperial College Healthcare NHS Trust at St Mary's Hospital

President, Royal College of Obstetricians and Gynecologists (RCOG)

London, United Kingdom



### **George R. Saade, MD**

Jennie Sealy Smith Distinguished Chair

Professor, Ob/Gyn & Cell Biology

Chief of Obstetrics & Maternal-Fetal Medicine

Director, Perinatal Research Division

University of Texas Medical Branch

Galveston, TX, USA



**Ferit Saraçoglu**

Professor in Obstetrics and Gynecology  
President of the European Society of Cosmetic and Reconstructive  
Gynecology  
Ankara, Turkey



**Marie-Victoire Sénat**

Membre CNGOF  
Service de Gynécologie-Obstétrique  
Hôpital Bicêtre (Hôpitaux Universitaires Paris-Sud)  
France



**Muhieddine Seoud**

Professor and Head of the Division of Gynecologic Oncology  
American University of Beirut (AUB)  
Beirut, Lebanon



**Baha Sibai**

Maternal Fetal Medicine  
Professor and Director, Maternal Fetal Medicine Fellowship  
University of Texas  
Houston, Texas, USA



**Joe Suidan**

Adjunct Professor of Obstetrics and Gynecology  
University of Saint Joseph (USJ)  
Beirut, Lebanon

# Thursday, November 8<sup>th</sup>, 2018

**08:00 - 09:00** Pre-Congress and Congress Registration

**09:00 - 12:30** Pre-Congress Courses

Laparoscopy/Hysteroscopy

(Live Transmission and Non-edited Videos Session)

**Course Directors: Joseph Nassif, Karim Nawfal, Mostafa Chaaban**

Colposcopy Hands-On Course

**Course Directors: David Atallah, Muhieddine Seoud**

Obstetric Anal Sphincter Injuries (OASIS) Repair Hands-On Course

**Course Directors: Toni Bazi, Walid Saheb**

Day-to-Day Obstetrics Course

**Course Directors: Abdallah Adra, Rabih Chahine**

**12:30 - 13:30** Lunch

**Session I** Obstetrics (Hall A)

13:30 - 15:00 Preventing Maternal Mortality: The Maternal Early Warning System (MEWS) **Mary D'Alton**

Lessons Learned in Patient Safety in Obstetrics **Sean Blackwell**

From Rh Disease to Riyadh: A Personal Journey **Richard Berkowitz**

Human Rights and Women's Health in the 21<sup>st</sup> Century **Lesley Regan**

**15:00 - 15:30** Can you get the Pole Position in Pregnancy? **Rana Skaff**

*Sponsored by Omicron-FolliQ4 (Hall A)*

**15:30 - 16:00** Coffee Break

**16:00 - 16:30** The Role of Laparoscopy in Gynecology **Khalid El Khalfaoui**

*Sponsored by Droguerie de L'union-Aesculap (Hall A)*

**Session II** Obstetrics (Hall A)

Gynecology (Hall B)

16:30 - 17:45 Timing and mode of delivery in gestational diabetes

**Diogo Ayres De Campos**

TBD TBA

Preterm Labor: An Evidence Based Approach **George Saade**

Why Sex? **Antoine Abu-Musa**

Recurrent Miscarriage - Old Problem - New Ideas

**Lesley Regan**

Contemporary Management of Abnormal Uterine Bleeding  
**Hani Fawzi**

**18:00 - 19:00** Opening Ceremony (Hall A)

*Followed by a Cocktail Reception & Exhibit Visit*



# Friday, November 9<sup>th</sup>, 2018

**08:00 - 09:00**    **Registration**

## **Session III**    **Obstetrics (Hall A)**

**09:00 - 10:30**    Fetal Growth Restriction: Obstetrical Perspectives **George Saade**  
Neonatal Encephalopathy: Dissecting the Cause and the Responsibility  
**Mary D'Alton**  
Making Labor a More Attractive Alternative to Cesarean Delivery  
**Diogo Ayres De Campos**  
Obstetric Emergencies during Labor, Delivery and Postpartum **Baha Sibai**

**10:30 - 11:00**    **Metformin Versus High-Dose Folic Acid: The Challenge** **Joe Suidan**  
*Sponsored by MERCK-Femibion (Hall A)*

**11:00 - 11:30**    **Coffee Break**

## **SESSION IV**    **CNGOF (Hall A)**

**11:30 - 13:00**    Welcome by **Professors Antoine Abu-Musa and Bernard Hédon**  
Accouchement normal: accompagnement de la physiologie et  
interventions médicales **Bernard Hédon**  
Prise en charge de l'infection herpétique au cours de la grossesse et de  
l'accouchement **Marie-Victoire Sénat**  
Prise en charge de l'endométriose **Xavier Fritel**

**13:00 - 13:30**    **Satellite Symposium Abbott (Hall A)**

**13:30 - 14:30**    **Lunch**

## **Session V**    **Hot Debates in Obstetrics (Hall A)**

**14:30 - 16:00**    Debate 1 Cesarean Delivery Rate:  
Too High: **Sean Blackwell**  
Too Low: **Baha Sibai**  
  
Debate 2 Thromboembolism Prevention Bundle:  
For: **Mary D'Alton**  
Against: **Baha Sibai**

**16:00 - 16:20**    **Management of Patients with CVD and the Role of Calcium**  
**Dobesilate** **Eberhard Rabe** *Sponsored by UPO (Hall A)*

**16:20 - 16:35**    **The Power of We** **Fadi Mirza** *Sponsored by MSD (Hall A)*

**16:35 - 17:00**    **Coffee Break**

## Session VI

### Updates in Gynecologic Oncology (Hall A)

17:00 - 18:15

Use of HIPEC in ovarian cancer: Are we there yet? **Warner Huh**

The Emerging Role of Indocyanine Green Fluorescence for Detection of Sentinel Nodes in Gynecologic Cancers **Boris Gabriel**

The latest ASCCP guidelines for the management of ASCUS and LSIL **Warner Huh**

### Obstetrics (Hall B)

Intrapartum Management of Category II Electronic Fetal Heart Rate Tracings **Richard Berkowitz**

What's New in NT and First Trimester Screening **Richard Berkowitz**

Importance of Nutrition in the First 1000 Days (Pregnancy + First 2 years of life) **Ferit Saraçoglu**

# Saturday, November 10<sup>th</sup>, 2018

**8:00 - 9:00 Registration**

## **Session VII**

### **Obstetrics (Hall A)**

### **Uro-Gynecology (Hall B)**

09:00 - 10:15

The Unexpected Morbidly Adherent Placenta at Delivery **Sean Blackwell**  
Sepsis and Pregnancy: An Update **Hani Fawzi**  
Cesarean Delivery in the Obese Patient: Tricks and Tips **Sean Blackwell**

Role of Laparoscopy in Managing Urinary Incontinence and Pelvic Organ Prolapse **Abdalla Fayyad**  
Recurrence after Mesh Surgery: How to Proceed? **Boris Gabriel**  
Refractory Overactive Bladder: Beyond Anti-Cholinergic Therapy **Karl Jallad**

10:15 - 10:45

**How to prevent pre-eclampsia today** **Juan Luis Delgado**  
*Sponsored by Thermo Fisher (Hall A)*

10:45 - 11:00

**Vsulpt for Vaginal Rejuvenation and SUI** **TBA**  
*Sponsored by Nutraveris Pharma (Hall A)*

11:00 - 11:30

**Coffee Break**

## **Session VIII**

### **Gynecology (Hall A)**

### **Reproductive Endocrinology and Infertility (Hall B)**

11:30 - 12:45

Adenomyosis: A New Paradigm for the Clinician **Bernard Hédon**  
Contemporary Management of Rectovaginal Endometriosis **Abdalla Fayyad**  
Cosmetic gynecology: Where is the Evidence? **Muhieddine Seoud**

Impact of the Ovarian Stimulation Regimen on Oocyte and Embryo Quality **Ernesto Bosch Aparicio**  
New Frontiers in PGS **Michael Fakih**  
Personalization of Assisted Reproductive Technology **Ernesto Bosch Aparicio**

12:45 - 13:15

**Satellite Symposium Mundipharma (Hall A)**

13:15 - 13:30

**Metabolic Syndrome in Women** **Rawan Saab**  
*Sponsored by Nutraveris Pharma (Hall A)*

13:30 - 14:00

**Coffee Break**

## **Session IX**

### **Hot Debates in Obstetrics (Hall A)**

14:00 - 15:15

Debate 1 Expectant Management of PPROM after 34 weeks:  
For: **George Saade** Against: **Joe Suidan**  
Debate 2 Aspirin for Prevention of Preeclampsia: Who and How  
For: **George Saade** Against: **Baha Sibai**

15:15 - 16:15

**Lunch & Meet the Experts (Hall B)**

## Registration Fees

Congress	Fees
LSOG Members (including LSOG membership)	120 \$
Non LSOG Members	100 \$
Non-Lebanese Participants	400 \$
Residents and Midwives	Free of Charge

\*Please note that registration fees do not include workshop sessions, congress dinner, accommodation, airport transfer or touristic excursions.

### The Registration Fee Includes:

- Access to Scientific Sessions and Exhibition Area
- Coffee Breaks and Lunches
- Congress Bag
- Certificate of Attendance
- CME Accreditation

Pre Congress Courses	Fees
Laparoscopy (Non Edited Video Session)	Free Upon Registration for Congress
Day-to-Day Obstetrics Course	For each course:
Obstetrical Anal Sphincter Injuries Repair (OASIS) Hands-On course	50\$ for Lebanese Participants
Colposcopy Hands-On Course	100\$ for Non-Lebanese Participants

For Hotel Reservation & Registration Please Contact: